

# 10

# Core Commitments

There are **10 COMMITMENTS** you need to make if you want to achieve a high level of success in this business. Every leader in the field has taken the **10 Core Commitments** and built his or her business around them.

## **1. Game Plan Interview**

## **2. Private Business Reception/ Private Conference Call/Video**

- Have one in your 1st 7-10 days

## **3. Be a Power 3 Player**

- Sponsor 3 active PSDs and 3 active Preferred Customers

## **4. Commit to at least 2 Exposures a Day if Part-time (3-5 a day if Full-time).**

## **5. Attend A Weekly Presentation**

## **6. Attend All Training Events**

## **7. Get and Stay on Autoship**

- Create a strong personal connection with the Products

## **8. Get A Workout Partner**

- Someone who can hold you accountable, motivated, and actionable.
- Someone who will make you stretch for more!

## **9. Commit to Daily Personal Development**

- Positive books, audios, and videos..
- Associate with Successful and positive people

## **10. Be Here One Year from Now**

- Stay Committed to to the other 9 Core Commitments